

BEGINNER ADULT GROUP LESSONS

Wednesday from 10:00-11:30am

Start date: March 6th

End date: April 17th

*No class April 3rd

Cost: \$150 for the 6 week session

Week 1: Groundstrokes

Week 2: Approach Shots/Volleys

Week 3: Overheads/Serves

Week 4: Review/Scoring/Point Play

Week 5: Point Play Week 6: Tournament

- Guaranteed to prepare you for joining a league team
- Refer a friend and receive a FREE Cardio Tennis class!
- Participants will receive a tennis notebook and weekly handouts that summarize the main content of each lesson

For more information, or to sign up, please email Rebecca at sceneytennisrebecca@gmail.com!















